

St Nicholas Orthodox Cathedral of Los Angeles
Antiochian Orthodox Christian Archdiocese of North America

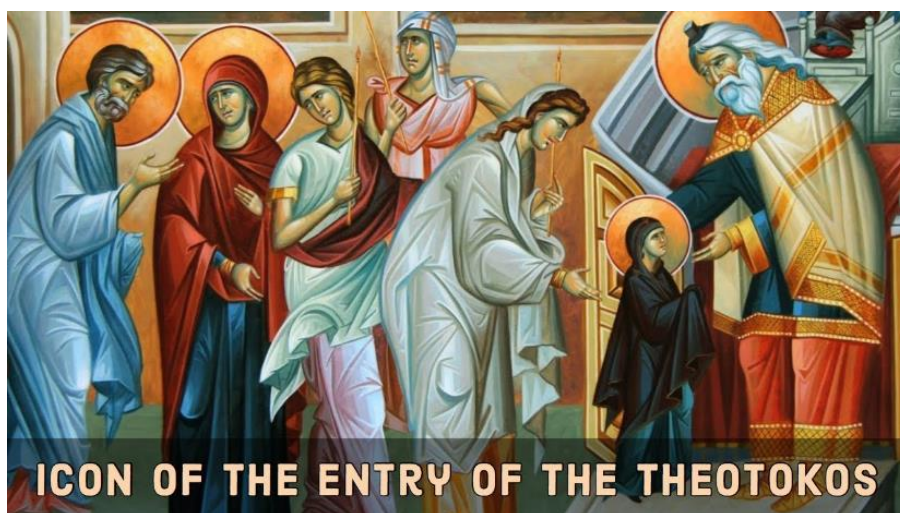


Beloved in Christ,

First, I give thanks to God for all of you, asking Him to keep you safe.

I am following carefully the news and announcements about the coronavirus situation and how any new restrictions may impact us. They're saying that stay-at-home orders could come "as early as Sunday." It is not clear if that means it would be effective Sunday or announced on Sunday (to start Monday or later). I will continue to monitor the situation, but **I'm counting on having Sunday services as 'usual' this weekend.** I will certainly let you know if there's any change.

This Sunday, November 22, we will be observing the Great Feast of the Entrance of the Theotokos into the Temple. (While the Feast actually falls on Nov. 21, a Saturday this year, we will celebrate it on Sunday.)



You see in this detail from the icon of the feast that, when her parents, Joachim and Anna, took her to the Temple at the age of three, Mary was escorted by maidens carrying candles in procession.

- ***Thus, we invite all our girls and young ladies to process with candles toward the altar, just before the dismissal of Liturgy on November 22.***
- ***We will then offer special prayers for them, asking God to bless them.***

We welcome Fr. Paul Marji and his family to the St. Nicholas Cathedral family.

Fr. Paul started with us in late August. Sayidna Joseph assigned Fr. Paul to observe how we do services “for a few weeks.” His Eminence has now attached Fr. Paul to our Cathedral staff, where he will both help us in ministering to you and continue to improve his skills in English, until Sayidna assigns him to pastor a parish of his own. Until then, I am sure that Fr. Paul will be an asset to our community.



I asked Fr. Paul to share with you something about himself and his family:

Father Paul Marji Autobiography

I am married to Christine Haddad. She has a bachelor’s degree in economics from Jordan. We have three children: Stephanie (fourteen), Sharbell (eleven), and Reine (two).

I received two bachelor’s degrees, one in theology and one in philosophy in 2003 in Lebanon. I was ordained a priest in 2006 and was assigned to serve as a parish priest in Zarqa, Jordan. I also taught theology and philosophy at Rosary College and De La Salle College in Amman, Jordan, and I was a judge in the ecclesiastical court in Amman. I then served as a parish priest in Sydney, Australia, from 2011 to 2017. We then moved to Los Angeles in 2018, and I served in the Greek Orthodox Archdiocese of America. I was received into the Antiochian Orthodox Archdiocese of North America in April of 2020. I’m now completing my graduate studies toward a master’s degree in general theology.

Please take due precautions, stay safe this Thanksgiving, and pray.

Here is a prayer that you can use:

A Prayer for Protection and Healing from the Pandemic

O Lord, our God, rich, merciful and wise in Thy care: in Thy wisdom take care of our lives, hear our prayers, accept our repentance for our sins, and stop this rampant pandemic in the same way that Thou didst stop punishing Thy people in the days of David the King. O Physician of our souls and bodies: grant healing to those infected by this pandemic, and let them rise quickly from their pain to glorify Thee, O merciful Savior; as for those who are healthy, protect them from any disease.

Bless, O Lord, and support all those who care with love and sacrifice for the sick wherever they are found, whether they are at home or in hospitals, and keep them with Thy grace. Protect Thy people from all disease and pain, and teach us to value life and health as Thy gifts.





Grant us, O God, Thy peace, and fill our hearts with firm faith in Thy care, and with love towards Thee and our neighbor. Have mercy on us, and save us, O our God, and to Thee we ascribe glory: to the Father, and to the Son, and to the Holy Spirit; now and ever, and unto ages of ages. Amen.

Your father and servant in Christ,

+Fr. Nabil





Upcoming Schedule and Links

Date	Time	Event or Service (click link for service text)	How to Participate
Friday, Nov. 20	7:00 pm	Church School Classes	See links for each class, below
	7:00 pm	Arabic Bible Study درس الكتاب بالعربي	Sign up with Dn. Eliya at Louia@hotmail.com
Saturday, Nov. 21	6:00 pm	 Great Vespers	Livestream only (church closed)
Sunday, Nov. 22	7:45 am	Divine Liturgy in Spanish	In person outdoors AND livestream
	9:15 am	 Matins	In person outdoors AND livestream

Observance of the Entrance of the Theotokos	10:30 am	 Divine Liturgy	In person outdoors AND livestream
Blessing of Girls and Young Ladies			
Friday, Nov. 27	7:00 pm	Thanksgiving - No Church School classes this week	Thanksgiving - No Church School classes this week
	7:00 pm	Thanksgiving – No Arabic Bible Study this week ليس درس الكتاب بالعربي هذا الأسبوع	Thanksgiving - No class this week Sign up with Dn. Eliya at Louia@hotmail.com
Saturday, Nov. 28	6:00 pm	 Great Vespers	Livestream only (church closed)
Sunday, Nov. 29	7:45 am	Divine Liturgy in Spanish	In person outdoors AND livestream
	9:15 am	 Matins	In person outdoors AND livestream
	10:30 am	 Divine Liturgy	In person outdoors AND livestream

Please note that you do NOT need to have a Facebook account to join our services via livestreaming. Also, if you cannot join the services live, it remains on the Facebook site, so you can participate when your schedule allows.

Church School 7 pm Friday, November 20

Class	Zoom Link	Meeting ID and Password (Not needed if you use the link)	Text and Discussion Material
Preschool & Kindergarten	None – discuss at home	None	 View or print for Preschool
1st – 4th Grades	Join 1st – 4th Class	950 0406 4284 602971	 View or print for Grades 1-4
5th – 8th Grades	Join 5th – 8th Class	966 6787 2317 283692	 View or print for Grades 5-8
High School	Join High School Class	964 9146 2720 439263	 View or print for High School

Holy Oblations and Prayer Requests

By Patricia and Elias Habr and by Gerges, Nicholas, Simon, Raymond, Anam, Asma and Collette Elhabre and families, for the repose of husband/father/brother Tanos Habr (40-day memorial) and his parents, Abdo and Najla.

By Ehab Dahabreh and family and Mariam Beshara.

By the Sadd family, for the good health of all.

Cathedral Prayer List:

Please include in your daily prayers the following—those struggling with acute illness and those newly departed this life—from our parishioners and those for whom they have requested our prayers. (Names are kept for 40 days, until the date indicated after the name, and may be renewed upon request.)

Living

Jason Perkins, home, 12/28

Lila Awad, home, 12/28

Renee Crawford, home, 12/24

Fred Wehba, hospital, 12/24

Henry Roum, home, 12/23

Olga Elias, hospital, 12/19

Abdo Hanna, home, 12/18

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Ralph Parker, brother-in-law of Adrienne Andrews, 12/27

Fr. Michael and Maria Habib, 12/25

Samia Habib, Ed Malouf's sister, 12/25

Fr. Nicholas and Kh. Malvi Neyman, daughter Kh. Joanna Townsend, son Richard Neyman, grandchildren

Dimitry Youssef and Genevieve Townsend, 12/22

Fr. Joseph Abud, friend of Fr. Nabil, 12/7

Pilar and Patricia, Alex Cajeme's sisters, 12/10

Conner Capata grandson of Julian and Shirley, home, 11/20

All those suffering from injury and homelessness

Physicians, nurses and all the healthcare professionals on the front lines of the pandemic

All those suffering from illness and want

Those suffering in this country and throughout the world

Departed

Tanos Habr, 11/21

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Patriarch Irinej of Serbia, 12/30

Metropolitan Maximos, retired GOA Bishop of Pittsburgh, 12/12

Metropolitan Theodosios, retired OCA Archbishop of Washington DC, 11/28

Fr. Hanna Sakkab, 12/19

Barbara Waian Abraham, cousin of Suzi Sadd, 11/23

Elias Khalaf, relative of Patrick Haddad, 11/21

Victims of the pandemic and of violence everywhere

To offer Holy Oblations and Memorials and for any announcements to be included in the bulletin, please email Cathedral@stnicholasla.com or contact the Cathedral office at (213) 382-6269 by **Wednesday noon**.

ONLINE Fall 2020 Adult Study: **Recordings available - Worship:** **Liturgy and Sacraments**

We completed this course on Tuesday. If you missed a session of our Bible Study on Worship, you can see the recordings via the following links to previous classes:

[October 6](#)

[October 13](#)

[October 20](#)

[October 27](#)

[November 3](#)

[November 10](#)

[November 17](#) (somehow, this week's audio didn't save, so these are the presentation slides)

Fall 2020 Adult Study: Worship - Liturgy and Sacraments

V. Rev. Nabil Hanna
Dean
St. Nicholas Orthodox Cathedral
Los Angeles, California

**Session 7:
The Liturgy of Time**

17 Nov 2020



درس الكتاب بالعربي - الامثال - Arabic Bible Study on the Parables

Every Friday at 7PM

Classes will be led by Dn. Eliya Ammari

Contact him at (818) 433 5523 or Louia@hotmail.com to sign up.

He will then send you an invitation for a Zoom meeting one day before the discussions.

Date	Topic of Discussion	Bible Readings
11/20/2020	مثل الحجر المرفوض	مت 20: 17- 19، مر ١٢: ١٠ و ١١، لو (
11/27/2020	ليس يتم درس الكتاب في هذا اليوم	
12/4/2020	مثل القاضي الظالم	(8- لو ١٨: ١)
12/11/2020	مثل المديونين	لو (٧: ٤١ - ٤٣)
12/18/2020	مثل الكرمة والأغصان	11-15: يو (

1/8/2020	مثل الغني الغبي	لو ١٢ (٢١ : ١٦ - ٢١)
1/15/2021	مثل العبد القاسي	مت (٣٥ : ٢٣ - ١٨)
1/22/2021	مثل السامري الصالح	لو (٣٧ : ٢٥ - ١٠)
1/29/2021	مثل الوزنات المختلفة	مت (٣٠ : ١٤ - ٢٥)
2/5/2021	مثل الغني ولعازر	لو (٣١ : ١٩ - ١٦)

Do You Need Books or Icons?

See Diane Brooks or Isabel Elac for anything from the Cathedral bookstore. While we can't have you go into the bookstore to peruse the stock at this time, they will be happy to bring out to you what you would like.

ST. NICHOLAS CATHEDRAL COMMUNITY OUTREACH

“For I was hungry, and you gave me food...” (Matthew 25.35)

As we approach the Holiday Season ahead, we must be mindful of those in our Community who are struggling once again this year to try and make the Holidays meaningful for their family. And, of course, their plight this year has become more complicated by the coronavirus.

Community Christmas Card

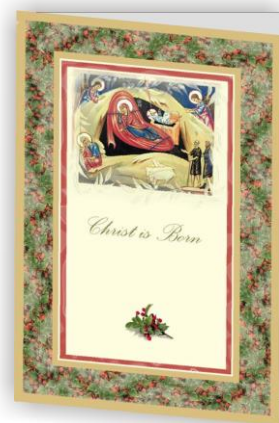
We are starting a beautiful, new tradition. Our Christmas card will serve two purposes:

First, this is our greeting to each other as part of our Christmas Celebration and to convey to others that they are close to our hearts and in our thoughts and prayers. When you contribute to the Christmas card, your name will appear on it, and it is mailed to all our parishioners.

Second, through your generosity, it will generate funds for our Charity

Ministry. In an effort to assist those in need, the Cathedral will be distributing Food Bags to those in our community on Saturday, December 12, 2020. Each Food Bag will consist of 10-12 canned/package items, a 5-dozen pack of Tortillas and a \$15.00 grocery store gift card (which the needy can use for meat, milk and fresh produce for their Christmas dinners).

Make this Christmas card *your* holiday greeting to your friends at St. Nicholas. We'll take care of mailing it out to all our members and friends.



We respectfully ask you to donate to the Christmas card. Please complete the Christmas card form, with your donation, and either drop it in the offering box, or mail it to the Cathedral, **no later than December 6. There is no set amount, but please be generous.** You can now also submit your Christmas card participation online at www.stnicholasla.org or just call the Cathedral office.

 St. Nicholas Antiochian Orthodox Cathedral 2300 W. 3rd Street Los Angeles, CA 90075	Community Christmas Card Make this Christmas Card your holiday greeting to your friends at St. Nicholas.	
<p>Your contribution will help needy families this holiday season.</p> <p><i>May God bless you richly in return.</i></p>		
<p>_____</p> <p>Print your name(s) as they should appear on the card.</p>		
<p>Enclosed donation amount (circle one): \$25 \$50 \$100 other: \$ _____</p>		
<p>Given by _____</p>		
Address _____		Phone _____
City _____	State _____	Zip _____
Email _____		
<p><i>Place in envelope, and put in collection tray, or mail to the church office by the first Sunday in December.</i></p> <p><i>Please make checks payable to St. Nicholas Cathedral.</i></p>		

We enclosed return envelopes in the recent mailing that included the charity/Christmas Card subscription forms. Unfortunately, a couple of digits were transposed in the zip code for the church address. Please be sure to fix the zip code on the return envelopes before mailing to:

St. Nicholas Cathedral
2300 W. Third Street
Los Angeles, CA 90057

Stocking the Food Bags for the Needy

We are asking our entire Cathedral community to participate in this event. We will be accepting both cash (through the Christmas Card) and food donations. The cost of each Food Bag is approximately \$35.00. As a guideline, we suggest that each family or individual parishioner donate the cost of at least two Food Bags. If you can make a larger donation, it would be appreciated.

For those of you who would prefer to purchase food items directly, and as part of our participation with the entire Archdiocese in **World Food Day**, a list of what to purchase is provided below.

This is a great way to involve our children and is a really good, tangible way to teach them about being compassionate to the needy.

Please bring only these items, and ensure that the expiration dates are in 2021 or after. You can place your items in the large cardboard food box as you come in for services.

FOOD BAG LIST

- 1 - 15 Oz. Can Corn
- 2 - 15 Oz. Can Rosarita Refried Beans
- 1 - 15 Oz. Can Chili Con Carne W/Beans
- 1 - 15 Oz. Can Black Beans
- 1 - Large Can Sliced Jalapenos
- 2 - Packages Kraft Macaroni & Cheese
- 1 - 10 Oz. Bottle Tapatio Hot Sauce
- 1 - 15 Oz. Can Cranberry Sauce
- 1 - 2 Lb. Bag of Rice
- 1 - 16 Oz. Jar Peanut Butter

No Additions or Substitutions please. This will allow uniformity in each Food Bag.

Tortillas and gift cards will be purchased by the Outreach Committee and added to the Food Bags.

Please contact Ed Malouf for any questions at (310) 923-4347.

Your support of our Outreach program will go a long way to benefit the less fortunate in our surrounding community.



Good News: Let's Make the Best of This Opportunity

The St. Nicholas Heating Ventilation and Air Conditioning (HVAC) Committee is pushing forward with the plan to install the new air conditioning system in the Cathedral. The members of the committee wish to express their gratitude for everyone's patience with the process. They are also grateful for the generosity of those who have already donated to make the new air conditioner a reality.

An anonymous donor has stepped forward and has committed to donating \$25,000 in a matching fund campaign to raise the amount of funding still needed to pay for the new system. The HVAC committee urges all the faithful of the Cathedral who have not yet contributed to meet this challenge with your own generous donations. Your commitment is very



necessary to making the new air conditioning system for the Cathedral become a reality. How wonderful it would be to walk into a blessedly cool Cathedral in the near future!

Matching Fund Challenge Expires Dec. 31, 2020!

Please earmark donations “AC” on your check, or use the “AC Challenge” link on the online donations page on the Cathedral website stnicholasla.org. Please deposit donation in the offering box, or mail them to St. Nicholas Cathedral, 2300 W. 3rd St., Los Angeles, CA 90057.

Contact Ron Samore with any questions at 818-378-2055 or ronsamore18@gmail.com.



**CELEBRATE
IOCC'S MISSION**

IOCC Sunday
11.22.20
ioccSunday.org



All Orthodox Churches throughout America today mark IOCC Sunday. [Click here to read the letter from Metropolitan Nicolae](#). And learn more at www.iocc.org about the good work that we all do together through the International Orthodox Christian Charities throughout the world—and particularly in response to the current humanitarian crises in Syria and Beirut.



Summary of Procedures

“Fear not, little flock, for it is your Father's good pleasure to give you the kingdom!” (Luke 12:32)

«لَا تَخَفْ أَيُّهَا الْقَطِيعُ الصَّغِيرُ لِأَنَّ أَبَاكُمْ قَدْ سَرَّ أَنْ يُعْطِيَكُمْ الْمَلَكُوتَ.»

As we take the coronavirus pandemic seriously, with faith and love, please note the following procedures:

1. Parking

As our parking lot is small, it is reserved for elderly and families with newborns in strollers. Everyone else should park at the photo lot. It is essential that all able-bodied worshippers show courtesy to the elderly and those with little children.

2. Social Distancing and Masks

Please remember to maintain sufficient distance between your household and others. Your family may all sit together, if you live in the same house, but please keep six feet distance between yourself and members of other households.

Remember too that **masks are required**. Be sure to wear them in a way that covers your nose and mouth fully. Not wearing masks or wearing them incorrectly makes other people feel uncomfortable and unsafe. Let us practice this important courtesy to others who may have health issues and for everyone's comfort and peace of mind.

3. Communion

Holy Communion is the “medicine of immortality,” given “for the remission of sins, for healing of soul and body and for life everlasting.”

It has long been the practice throughout our Archdiocese—more out of respect for Communion, *rather* than *unthinkable* concern for germs—for the faithful to approach the Chalice with their mouths wide open and their heads tilted back. *Remember that you have to do both – a mouth that's open wide but tilted downward doesn't help!* This will allow the priest or deacon to insert the spoon, turn it over in your mouth and pull it out *without* touching your tongue or lips.



4. Venerating Icons

Venerate icons or the gospel book or the cross with just a ‘gesture,’ but **do not actually touch the item with your lips or hand**. While the Greek word in the Bible for veneration literally

means to “approach and kiss,” for now, approach *as if* to kiss, but then back away. The same goes for the priest’s hand.

5. Antidoron (Blessed Bread)

For receiving the antidoron (blessed bread) after Holy Communion and at the dismissal, the Archdiocese has directed us to implement the more ancient practice. That is, *instead* of everyone reaching into the bowl with their own hands, **cup your hands together, and the priest (at dismissal) or an assistant (after Communion) will drop a piece of the blessed bread in them.** The priest and assistants will have washed their hands thoroughly and will be wearing gloves, so please do not touch or kiss their hands. While it is traditional to kiss the priest’s hand when receiving a blessing, for the time being, please just make a ‘gesture’ of veneration for the priest’s hand (as described above).



6. Who Should NOT Come to Church

Of course, those who are elderly, who have asthma, diabetes or other conditions that compromise their immune systems are still advised NOT to come to church at this time. Thus, **Fr. Nabil will be very happy to bring you the Sacraments to your homes or to have you come to the Cathedral privately, by appointment.** Please call him directly at (213) 915-6269 to schedule.

See’s Candy

Please remember to order and purchase your holiday See’s Candy from Diane Brooks. A one pound box of chocolates now costs \$23.50 and a two pound box now costs \$45.00. Diane also has a few See’s Candy Gift Cards left that you can purchase for the old price. That way, you can give a gift at any time during the holidays!

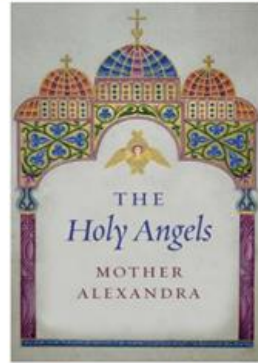


Contact Diane at 562-693-7927; or email her at rockinwomom@gmail.com.

St. Nicholas Antiochian Women Book Club

Our Chaplain, Lauren Malouf, is organizing a book club for us! Our first book is one recommended by the Antiochian Women of the Archdiocese. More information about meetings to discuss the book will follow.

Join St. Nicholas Cathedral's Antiochian Women's **Book Club!**



Learn more about our faith and enjoy time
with your sister's in Christ!

Order at: <https://store.ancientfaith.com/the-holy-angels/>

HAPPY THANKSGIVING

There are many fields of Thanksgiving. We will try in this article to present some of them.

We thank God for creating us. Our birth is a great blessing from God. Thank God for keeping us alive. This conforms to what is said in the Thanksgiving Prayer: we thank God because "He brought us to this hour." Our life is a gift from God. He can extend it or end it at any time. He is renewing it for us day by day and hour by hour.

We thank Him for this day we are living and for this opportunity, which He has given to us, so that we can improve our spiritual life and do something good. He gave us chances to repent, asking for His forgiveness and saying with the tax collector, "God be merciful to me a sinner and have mercy upon me!" (Lk. 18:13).

Thank God for the beautiful nature around us and for the talents He has given us.

Thank God for our Faith. We thank Him, for in baptism we were buried with Christ unto His death, thus burying the old, sinful self in the water, then, as Jesus was raised from the dead, so we rise from baptism, born again sinless Christians, from the water of our holy baptism. Immediately God SEALS us with the gift of the Holy Spirit through CHRISMATION. At this time the baptized person enters the Kingdom of God on Earth, which is the CHURCH, the visible Body of Christ. We thank God for giving us this second chance, allowing us to make the effort to live and walk according to His commandments.

Thank God for His loving-kindness and care. Sit with yourself and review your life since your birth. How many times have you pleaded with the Lord and He granted your plea? How many times has He delivered you out of your troubles? How many times has He healed you? How many problems has He solved for you?

We thank God for our health. We thank God also for healing us from sicknesses.

For all details, contact Lauren Malouf
(818) 687-0406
lmalouf@hchc.edu

Thank God for His great acts of Redemption that He accomplished upon the Cross and offered to us gratis.

Thank God for allowing us to know Him and for His promises.

Thank God for adopting us as His children and for calling us His friends (1 Jn. 3:1). He taught us to pray and say, "Our Father Who art in Heaven" (Matt 6:9; Jn. 15:15).

By ELEN SALEH

St. Nicholas Antiochian Orthodox Christian Cathedral
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(213) 382-6269 *office*
www.stnicholasla.com

ATTACHED CLERGY CONTACTS

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frnabilh@stnicholasla.com

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661-755-5363 *mobile*
fathershahermj@yahoo.com

Rev. Father Paul Olson, *Assistant Pastor*
714-651-6151 *mobile*
rev.paul.olson@gmail.com

Rev. Father Andrew Andrews, *Assistant Pastor*
(925) 323-6787 *mobile*
frandrewa@stnicholasla.com

Rev. Archdeacon George Shishim
(818) 891-6211
gshishim@verizon.net

Rev. Deacon Eliya Ammari
(818) 433-5523
louia@hotmail.com

New Cathedral Website Is Now Live

Thanks to the good work of Fr. Andrew Andrews, Patrick Haddad and others of our Social Media Ministries team, we have a beautiful, new website that we will be able to maintain and enhance over time.

Check it out at www.stnicholasla.org, and check back often to see new content, as it gets added.

Follow St. Nicholas Cathedral on Social Media



<https://www.facebook.com/StNicholasCathedralLosAngeles>



<https://www.instagram.com/SaintNicholasCathedral/>

