St. Nicholas Antiochian Orthodox Christian Cathedral

Antiochian Orthodox Christian Archdiocese of North America • Diocese of Los Angeles and the West

2300 West 3rd Street • Los Angeles, California 90057

(213) 382-6269 • www.stnicholasla.org • Email: cathedral@stnicholasla.org

Most. Rev. Metropolitan Joseph, Archbishop

V. Rev. Father Nabil L. Hanna, Dean
(317) 919-0841 • frnabilh@stnicholasla.com

Rev. Father Andrew Andrews, Assistant Pastor
(925) 323-6787 • frandrewa@stnicholasla.com

Rev. Father Paul Olson, Assistant Pastor
(714) 651-6151 • rev.paul.olson@gmail.com

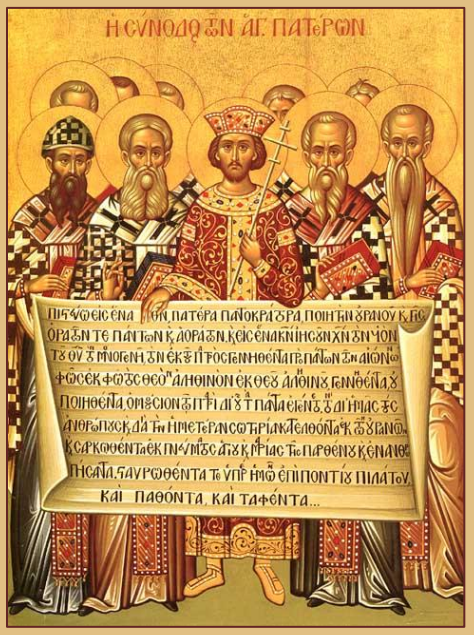
Rev. Deacon Eliya Ammari, Attached
(818) 433-5523 • louia@hotmail.com

TONE 6 ***JUNE 5, 2022*** ***EOTHINON 10***

POST-FEAST OF THE ASCENSION: COMMEMORATION OF THE HOLY FATHERS OF THE FIRST ECUMENICAL COUNCIL

الأحد بعد الصعود: آباء المجمع المسكوني الاول

HIEROMARTYR DOROTHEOS, BISHOP OF TYRE • MARTYR NICANDER OF EGYPT
NEW-MARTYR MARK OF SMYRNA



On the seventh Sunday of Pascha, we celebrate the first Ecumenical Council of the 318 God-bearing Fathers, which took place in Nicaea in Bithynia.

A priest named Arius began to blaspheme against God and His Son, the Word, saying that the latter was not God but that He was created. Alexander, the Archbishop of Alexandria, tried to constrain Arius from disturbing the faithful with this teaching. Even though Alexander excommunicated him, Arius did not cease his blasphemy, which spread throughout the Church in all nations. Thus, Emperor Constantine the Great called the First Ecumenical Council, which gathered bishops and teachers in the Church from all lands to the city of Nicaea in 325, to elucidate the matter.

They all proclaimed, as by one mouth, the equality of the Son of God with the Father in essence, thus laying down the Confession of Faith, *The Creed,* which we Orthodox Christians recite to this day. The Church regards these godly Fathers as preachers of the Faith next to the holy Apostles.

LITURGY VARIATIONS

1ST ANTIPHON (PSALM 46.1, 2, 3 LXX)

O clap your hands, all ye peoples; shout unto God with the voice of exultation.

***Refrain*:** Through the intercessions of the Theotokos, Savior, save us!

For the Lord Most High is terrible; He is a great King over all the earth. ***Refrain***

He hath subdued the peoples under us, and the nations under our feet. ***Refrain***

Glory..., now and ever.... Amen. ***Refrain***

يَا جَمِيع الأُمَمِ صَفِّقُوا بِالأيَادِي، هَلِّلُوا للهِ بأصْوَاتِ الاِبْتِهَاج.

اللازِمَة: بِشَفاعاتِ والِدَةِ الإلهِ، يا مُخَلِّصُ خَلِّصْنا.

لأن الرَّبَّ مُتَعَالٍ وَمَرْهُوب، وَمِلِكٌ عَظِيمٌ عَلَى الدُّنْيَا

بِأَسْرِها. ***اللازمة***

أَخْضَعَ الشُّعُوبَ لنَا وَالأُمَمَ تَحْتَ أَقْدَامِنَا. ***اللازمة***

المجْدُ ... الآنَ وَكُلَّ أوانٍ ... ***اللازمة***

Schedule of Regular Weekly Services

Sundays:	**Matins, 9:15 AM**	**Confession:**	**After Saturday Vespers**
	Divine Liturgy, 10:30 AM		**During Sunday Matins**
Saturdays:	**Great Vespers, 6:00 PM**		**Or by Appointment**

Remember to turn cell phones off!

See Calendar for Feast Days and Other Weekday Services Scheduled

Order for Holy Communion

Members of the Orthodox Church age seven and above must prepare for Holy Communion with a recent confession, prayer, fasting from all food and drink from midnight (unless a medical condition preclude it), being in church *before* the Epistle and Gospel readings, and being at peace with everyone.

As there are **NO CHURCH SCHOOL** classes today, children should sit with their parents and come to Communion with them. An usher will dismiss your row from the center aisle. **After Communion, children should sit with their church school teachers in one of the first four pews on the left side of the church** (to be ready for the awards today). Adults should return to their places by a side aisle for the prayers of thanksgiving and the final blessing and dismissal. Please let choir members pass when they come down for Communion.

A Warm Welcome to Our Guests

We are glad you are worshipping with us. Please note that participation in **Holy Communion is limited to members of the Orthodox Church** in good standing, who have prepared with prayer, fasting and a recent confession.

For all others: though we cannot share Communion with you—since it is an expression of membership and full unity in faith—you are welcome to come forward after the dismissal, receive a blessing and partake of the blessed bread (from the large bowls). Please also sign our guest book and introduce yourself to Fr. Nabil or Fr. Andrew during coffee hour. You may inquire with them how you can become a member.

2ND ANTIPHON (PSALM 47.1, 3, 4 LXX)

Great is the Lord, and greatly to be praised in the city of our God, in His holy mountain.

***Refrain*:** Save us, O Son of God, *Who didst rise from us in glory to the heavens*, who sing unto Thee: Alleluia.

God is known in her palaces when He cometh to our aid. ***Refrain***

For lo, the kings of the earth were assembled; they came together. ***Refrain***

Glory..., now and ever.... Amen.
O only-begotten Son....

عَظِيمٌ هُوَ الرَّبُّ وَمُسَبَّحٌ جِداً في مدِينَةِ إِلهِنَا، علَى جَبَلِ قُدْسِه.

اللازِمة: خَلِّصْنا يا ابْنَ اللهِ، يا مَنْ صَعِدَ عَنّا بِمَجْدٍ الى السَّماوات، لِنُرَتِّلَ لَكَ. هَلِلوييا.

اللهُ مَعْرُوفٌ في قُصُورِها بِأَنَّهُ نَصِيرُها. ***اللازمة***

هَا إِنَّ مُلُوكَ الأَرْضِ قَدِ اجْتَمَعُوا وَأَقْبَلُوا مَعاً. ***اللازمة***

المجْدُ... الآنَ وكُلَّ أوانٍ... يا كَلِمَةَ اللهِ، الإِبْنَ الوَحيد....

3RD ANTIPHON: TROPARION OF THE ASCENSION (TONE 4; PSALMS 48.1, 3, 4 LXX)

Hear this, all ye people; give ear, all ye inhabitants of the earth.

***Refrain*:** Thou hast ascended in glory, O Christ our God, and gladdened Thy disciples with the promise of the Holy Spirit, making them confident through the blessing: that Thou art the Son of God and Deliverer of the world.

My mouth shall speak of wisdom; and the meditation of my heart shall be of understanding. ***Refrain***

I will incline mine ear to a parable; I will open my dark saying upon the harp. ***Refrain***

هذَا يَا كُلَّ الأُمَمِ، أَصْغوا يَا سُكّانَ الأَرْضِ أَجْمَعِين.

اللازمة: لَقَدْ صَعِدْتَ بِمَجْدٍ أَيُّها المسيحُ إِلهُنا، وَفَرَّحْتَ تَلاميذَكَ بِمَوْعِدِ الرُّوحِ القُدُسِ، إِذْ أَيْقَنوا بِالبَرَكَةِ أَنَّكَ أَنْتَ ابْنُ اللهِ، مُنْقِذُ العالَمِ.

إِنَّ فَمِي يَتَكَلَّمُ بِالحِكْمَةِ، وَقَلْبِي يَلْهَجُ بِالفَهْمِ. ***اللازمة***

كَذلِكَ تَهْلَكُ الخَطَأَةُ مِنْ أمامِ وَجْهِ اللهِ، والصدِّيقونَ يَفْرَحونَ أُمِيلُ أُذُنِي إلى الأمثَال، وَأَكْشِفُ أُلْغَازِيَ علَى القِيثَار. ***اللازمة***

APOLYTIKIA AFTER THE ENTRANCE

Troparion of the Resurrection (Tone 6)

When Mary stood at Thy grave, looking for Thy sacred body, angelic powers shone above Thy revered tomb. And the soldiers who were to keep guard became as dead men. Thou ledest Hades captive and wast not tempted thereby. Thou didst meet the Virgin and didst give life to the world, O Thou, Who art risen from the dead, O Lord, glory to Thee.

إنَّ القُوّاتِ الملائِكِيَّةِ ظَهَروا على قَبْرِكَ الْمُوَقَّر، والحُرّاسَ صاروا كالأمْواتِ، ومَرْيَمَ وَقَفَتْ عِنْدَ القَبْرِ طالِبَةً جَسَدَكَ الطاهِرَ، فَسَبَيْتَ الجَحيمَ ولَمْ تُجَرَّبْ مِنْهُ، وصادَفْتَ البَتولَ مانِحاً الحياة. فيا مَنْ قامَ مِنْ بينِ الأمْواتِ، يا ربُّ المجْدُ لَكَ.

Troparion for the Ascension (Tone 4)

Thou hast ascended in glory, O Christ our God, and gladdened Thy disciples with the promise of the Holy Spirit, making them confident through the blessing: that Thou art the Son of God and Deliverer of the world.

لَقَدْ صَعِدْتَ بِمَجْدٍ أيُّها المسيحُ إلهُنا، وَفَرَّحْتَ تَلاميذَكَ بِمَوْعِدِ الرُّوحِ القُدُسِ، إذْ أيْقَنوا بِالبَرَكَةِ أنَّكَ أنْتَ ابْنُ اللهِ، مُنْقِذُ العالَمَ.

Troparion of the Holy Fathers (Tone 8)

Thou, O Christ, art our God of exceeding praise Who didst establish our holy Fathers as luminous stars upon earth, and through them didst guide us unto the true Faith, O most merciful One, glory to Thee.

أنْتَ أيُّها المسيحُ إلهُنا الفائِقُ التَّسْبيح، يا مَنْ أسَّسْتَ آباءَنا القِدِّيسينَ على الأرْضِ كَواكِبَ لامِعَة، وبِهِمْ هَدَيْتَنا جميعاً إلى الإيمانِ الحَقيقيّ، يا جَزيلَ الرَّحْمَةِ، المجْدُ لَكَ.

Troparion of St. Nicholas (Tone 4)

The verity of your actions revealed you to your flock, a rule of faith, an icon of mildness, and teacher of abstinence, O Father Bishop Nicholas; wherefore by humility you have achieved exaltation and by poverty richness. Intercede with Christ our God to save our souls.

لَقَدْ أظْهَرَتْكَ أفْعالُ الحقِّ لِرَعِيَّتِكَ قانوناً للإيمانِ، وصورَةً لِلْوَداعةِ، ومُعَلِّماً لِلإمْساكِ، أيُّها الأبُ ورَئيسُ الكَهَنَةِ نيقولاوس. فَلِذلِكَ أحْرَزْتَ بالتَّواضُعِ الرِّفْعَة، وبالمسكَنَةِ الغِنى. فَتَشَفَّعْ إلى المسيحِ الإلهِ أنْ يُخَلِّصَ نفوسَنا.

Kontakion of the Ascension (Tone 6)

When Thou didst fulfill thy dispensation for our sakes, uniting the terrestrials with the celestials, Thou didst ascend in glory, O Christ our God, inseparable in space, but constant without separation, and crying unto thy beloved: I am with you, and no one shall be against you.

لما اكْمَلْتَ التدْبيرَ الذي مِنْ أَجْلِنا، وجَعَلْتَ الذينَ على الأَرْضِ مُتَّحِدينَ بالسَماوِيّين، صَعِدْتَ بِمَجْدٍ أيُّها المسيحُ إلهُنا، غيرَ مُنْفَصِلٍ مِنْ مَكانٍ، بَلْ ثابِتاً بِغَيْرِ افْتِراقٍ وهاتِفاً بِأَحِبَّائِكَ: أنا مَعَكُمْ، وليسَ أحدٌ عَلَيكم.

THE SCRIPTURE LESSONS

Prokeimenon (Tone 4; Daniel 3.26-27)

Blessed are you, O Lord, the God of our Fathers.

Verse: For you are just in all you have done!

بروكيمنن (اللحن ٤؛ دانيال ٣,٢٦، ٢٧)

مُبارَكٌ أنتَ يا رَبُّ إلهُ أبائِنا.

فإنَّكَ عَادِلٌ في كُلِّ ما صَنَعْتَ بِنَا.

Reading from the Acts of the Apostles (20.16-18, 28-36; Fathers 1st Council)

IN THOSE DAYS, Paul had decided to sail past Ephesus, so that he might not have to spend time in Asia; for he was hastening to be at Jerusalem, if possible, on the day of Pentecost. And from Miletus he sent to Ephesus and called to him the elders of the church. And when they came to him, he said to them: "Take heed to yourselves and to all the flock, in which the Holy Spirit has made you overseers, to care for the church of God which he obtained with the blood of his own Son. I know that after my departure fierce wolves will come in among you, not sparing the flock; and from among your own selves will arise men speaking perverse things, to draw away the disciples after them. Therefore, be alert, remembering that for three years I did not cease night or day to admonish everyone with tears. And now I commend you to God and to the word of His grace, which is able to build you up and to

فَصْلٌ مِنْ أعْمالِ الرُسُلِ القدّيسينَ الأطْهار

(٢٠,١٦–١٨، ٢٨–٣٦؛ لاحد الآباء)

في تلكَ الأيامِ، ارْتَأَى بولُسُ أنْ يَتَجاوَزَ أَفَسُسَ في البَحْرِ لِئَلاَّ يَعْرِضَ لَهُ أنْ يُبْطِئَ في آسِية. لأنَّهُ كانَ يَعْجَلُ حتَّى يكونَ في أورَشليمَ يوْمَ العَنْصَرَةِ إنْ أمْكَنَهُ. فَمِنْ مِيليتُسَ بَعَثَ إلى أَفَسُسَ، فاسْتَدْعى قُسوسَ الكَنيسة. فَلَمَّا وَصَلُوا إلَيْهِ قالَ لَهُمْ: احْذَرُوا لأنفُسِكُمْ ولِجَميعِ الرَّعيةِ التي أقامَكُمُ الروحُ القُدُسُ فيها أساقِفَةً، لِتَرْعَوْا كنيسةَ اللهِ التي اقْتَنَاها بِدَمِهِ فإنِّي أعْلَمُ هذا، أنَّهُ سَيَدْخُلُ بينَكُم بَعدَ ذَهابي ذِئابٌ خاطِفَةٌ لا تُشْفِقُ على الرَعِيَّة ومِنْكُمْ أنْفُسِكُمْ سَيَقومُ رِجالٌ يَتَكَلَّمُونَ بِأُمُورٍ مُلْتَوِيةٍ لِيَجْتَذِبُوا التلاميذَ وراءَهُم لذلِكَ اسْهَرُوا، مُتَذَكِّرِينَ أنِّي مُدَّةَ ثَلاثِ سِنينَ لَمْ أَكْفُفْ لَيْلاً ونَهاراً أنْ أنْصَحَ كُلَّ واحِدٍ بدمُوعٍ والآنَ أسْتَوْدِعُكُمْ، يا إخْوَتي، اللهَ وكَلِمَةَ نِعْمَتِهِ القادِرَةَ أنْ تَبْنِيَكُمْ وتُمْنَحَكُمْ ميراثاً مَعَ جميعِ القديسين. إنِّي لَمْ أَشْتَهِ

give you the inheritance among all those who are sanctified. I coveted no one's silver or gold or apparel. You yourselves know that these hands ministered to my necessities, and to those who were with me. In all things I have shown you that by so toiling one must help the weak, remembering the words of the Lord Jesus, how He said, 'It is more blessed to give than to receive.'" And when he had spoken thus, he knelt down and prayed with them all.

فِضَّةَ أو ذَهَبَ أو لِباسَ أَحَدٍ. وأنتُمْ تَعْلَمونَ أنَّ حاجاتِي وحاجاتِ الذينَ معِي خَدَمَتْها هاتانِ اليَدانِ. في كُلِّ شيءٍ بَيَّنْتُ لكُمْ أنَّهُ هَكَذا يَنْبَغي أنْ نَتْعَبَ لِنُساعِدَ الضُّعفاءَ، وأنْ نتذَكَّرَ كلامَ الرَّبِّ يسوعَ. فإنَّهُ قالَ: إنَّ العَطاءَ هُوَ مَغْبوطٌ أكثَرَ مِنَ الأَخْذِ. ولَمّا قالَ هذا، جَثَا على رُكْبَتَيْهِ مَعَ جَميعِهِمْ وصَلَّى.

Holy Gospel according to St. John (17.1-13; Holy Fathers 1st Council)

AT THAT TIME, Jesus lifted up His eyes to heaven and said, "Father, the hour has come; glorify thy Son that the Son may glorify Thee, since Thou hast given Him power over all flesh, to give eternal life to all whom Thou hast given Him. And this is eternal life, that they know Thee, the only true God, and Jesus Christ, Whom Thou hast sent. I glorified Thee on earth, having accomplished the work which Thou gavest Me to do; and now, Father, glorify Thou Me in thine own presence with the glory which I had with Thee before the world was made.

"I have manifested thy Name to the men whom Thou gavest Me out of the world; thine they were, and Thou gavest them to Me, and they have kept thy word. Now they know that everything that Thou hast given Me is from Thee; for I have given them the words which Thou gavest me, and they have received them and know in truth that I came from Thee; and they have believed that Thou didst send Me. I am praying for them; I am not praying for the world but for those whom Thou hast given Me, for they are thine; all mine are thine, and thine are mine, and I am glorified in them. And now I am no more

مِنْ بِشارَةِ القِدّيسِ يوحنا الإنْجيلِيِّ البَشيرِ والتلْميذِ الطاهِرِ (١٧,١–١٣؛ لاحد الآباء)

ي ذلكَ الزمانِ، رَفَعَ يسوعُ عينَيهِ إلى السَّماءِ وقالَ: يا أبَتِ قَدْ أَتَتِ الساعَة، مَجِّدِ ابنَكَ لِيُمَجِّدَكَ ابنُكَ أيضاً. كما أعْطَيْتَهُ سُلْطاناً على كُلِّ بَشَرٍ ليُعْطِيَ كُلَّ مَنْ أَعْطَيْتَهُ لَهُ حَياةً أبَدِيَّةً. وهَذِهِ هِيَ الحياةُ الأبَدِيَّةُ، أَنْ يعرِفُوكَ أنتَ الإلهَ الحَقيقيَّ وحدَكَ، والذي أَرْسَلْتَهُ يسوعَ المسيحَ. أنا قَدْ مَجَّدْتُكَ على الأرضِ. قَدْ أَتْمَمْتُ العَمَلَ الذي أَعْطَيْتَني لأعْمَلَهُ. والآنَ مَجِّدْني أنْتَ يا أَبَتِ عِنْدَكَ بالمجْدِ الذي كانَ لي عِنْدَكَ مِنْ قَبْلِ كَوْنِ العالَمِ.

قَدْ أَعْلَنْتُ اسْمَكَ لِلْناسِ الذينَ أَعْطَيْتَهُمْ لي مِنَ العالَمِ. هُمْ كانوا لَكَ، وأنتَ أَعْطَيْتَهُمْ لي، وقَدْ حَفِظُوا كَلامَكَ. والآنَ قَدْ عَلِمُوا أنَّ كُلَّ ما أعْطَيْتَهُ لي هُوَ مِنْكَ. لأنَّ الكَلامَ الذي أَعْطَيْتَهُ لي أَعْطَيْتُهُ لَهُم. وهُم قَبِلُوا وَعَلِمُوا حَقاً أنّي مِنْكَ خَرَجْتُ، وآمَنوا أنَّكَ أَرْسَلْتَني أنا مِنْ أجْلِهِم أسْأَلُ. لا أسْأَلُ مِنْ أجْلِ العالَمِ، بلْ مِنْ أجلِ الذينَ أعْطَيْتَهُمْ لي، لأنَّهُم لكَ. كُلُّ شَيْءٍ لي هُوَ لَكَ، وكُلُّ شَيْءٍ لَكَ هُوَ لي، وأنا قَدْ مُجِّدتُ فِيهِم. ولَسْتُ أنا بَعْدُ في العالَمِ، وهؤلاءِ هُمْ في العالَمِ، وأنا آتي

in the world, but they are in the world, and I am coming to Thee. Holy Father, keep them in thy Name, which thou hast given Me, that they may be one, even as we are one. While I was with them, I kept them in thy Name, which Thou hast given me; I have guarded them, and none of them is lost but the son of perdition, that the scripture might be fulfilled. But now I am coming to Thee; and these things I speak in the world, that they may have my joy fulfilled in themselves."

إلَيْكَ. أيُّها الآبُ القُدُّوسُ احْفَظْهُمْ باسْمِكَ، الذينَ أعْطَيْتَهُمْ لي، ليَكونوا واحِداً كما نَحْنُ. حينَ كُنْتُ مَعَهُم في العَالِمِ، كُنْتُ أحْفَظُهُمْ باسْمِكَ. إنَّ الذينَ أعْطَيْتَهُمْ لي قَدْ حَفِظْتُهُمْ، ولَمْ يَهلِكْ مِنْهُمْ أحَدٌ إلاَّ ابْنُ الهَلاكِ، لِيَتِمَّ الكِتابُ. أمَّا الآنَ فإنّي آتي إلَيْكَ. وأنا أتَكَلَّمُ بِهذا في العَالِمِ لِيَكونَ فَرَحي كامِلاً فيهِم.

HOLY OBLATIONS AND PRAYER REQUESTS

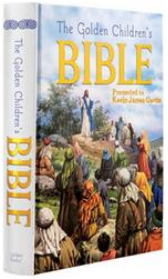
- By the Cathedral community, for the health of all our Church School students, teachers and superintendents.
- By her husband Richard Nassif, daughters Kalea Nassif Dunkleman and Chelsea Nassif Clark, son-in-law Joren Clark, and grandchildren Jackson Dunkleman and Emilia Clark, for the repose of Marilyn Elizabeth Nassif (1-year memorial).
- By her children, their spouses and her grandchildren, Alice and Jim Mikesell, Shirley Cameron, Connie and Mike Burrell, Lisa, Kaitlin, Kristen, Heather and Cameron, for the repose of Melveen Fadoul (40-day memorial), and in memory of Scott Cameron (9 years departed) and George Fadoul (16 years departed).
- By Richard and Joyce, Paul and Lizzie, Elizabeth Ayoob, for the health of son/brother Steven Ayoob (as he is graduated from St. Mary's College of California), and for the health of Marjorie Sadd, the Ayoob and Sadd families and of all our graduates.
- By George, Mariam, Mark, Antonio and Hend Bshara.
- By Ehab, Rania, Sami, Selena and Anthony Dahabreh, for the health of Rania's father, Hani Tadros, and in memory of Ehab's mother, Nawal Hawatmeh Dahabreh.

To offer Holy Oblations and Memorials please use the form at https://stnicholasla.com/makeaprayerrequest or call the Cathedral office by Wednesday.

INSTEAD OF *"WE HAVE SEEN THE TRUE LIGHT..."* (TONE 4)

Thou hast ascended in glory, O Christ our God, and gladdened Thy disciples with the promise of the Holy Spirit, making them confident through the blessing: that Thou art the Son of God and Deliverer of the world.

لَقَدْ صَعِدْتَ بِمَجْدٍ أيُّها المسيحُ إلهُنا، وَفَرَّحْتَ تَلاميذَكَ بِمَوْعِدِ الرُّوحِ القُدُسِ، إذْ أيْقَنوا بِالبَرَكَةِ أنَّكَ أنْتَ ابْنُ اللهِ، مُنْقِذُ العالَمِ.



CHURCH SCHOOL END-OF-YEAR RECOGNITION

We congratulate our Church School teachers for starting our students and the whole Cathedral community on a journey through the Bible.

At the end of Liturgy today, we will recognize our students, and especially our graduates, as we begin our summer break.

CHURCH SCHOOL STAFF 2021-22

Superintendent: Lauren Malouf

Assistant Superintendents: Salma Maalouf, Wafa Omeish

Preschool and Kindergarten: Mirna Aboud

1st and 2nd Grades: Collette Helou

3rd and 4th Grades: Wafa Omeish

5th and 6th Grades: Marina George

7th and 8th Grades: Kh. Ruth Andrews, Meray Ammari

High School: Nassif Shammaa, Randa Shammaa

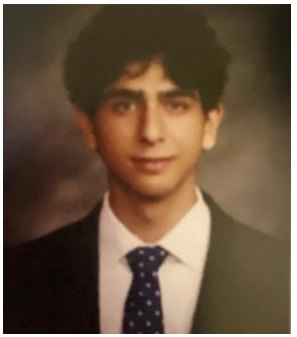
Assistants/Substitutes: Reema Mamar, Kh. Laurie Olson

GRADUATES

Congratulations to all our graduates. May God bless them and direct all their future endeavors in accordance with His holy will and in good health for Many Years!

The profiles below are as provided by the graduates or their families.

High School



KAMIL EL-SHAMMAS

I am going to College of the Canyons.

I was part of Teen SOYO throughout my high school life and was part of debate club within high school.

I did not play sports within the high school, but I played football and basketball with my friends.

"I can do all things through Him who strengthens me."

MAJD GHAZZAL

Father: George
Mother: Rima Nassar
Date of Birth: August 22, 2003
School: Crescenta Valley High School
College: Glendale Community College
Major: Biology / Pre-med
Activities: Soccer and Ping Pong

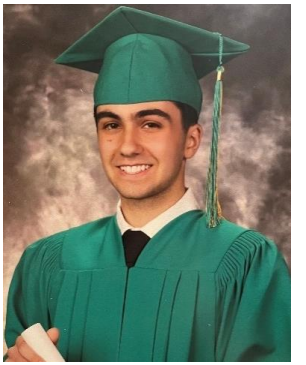
Verse: "For God gave us not a spirit of fearfulness; but of power and love and discipline." (2 Timothy 1:7)

LIANORE LOUISE

The daughter of Nellie and Bachar louise, I graduated from Sunny Hills High School on honors roll, was involved in ROP medical program for 3 years, agriculture FFA for 2, was in HOSA club, and American Red Cross.

“Look to the Lord and his strength; seek his face always.” Psalm 105:4

JOSEPH MAALOUF



School: California State University Northridge

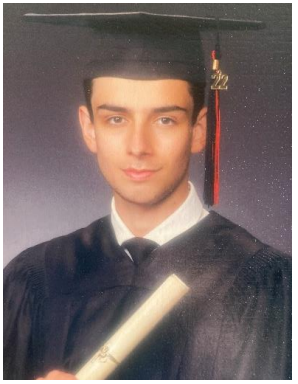
Clubs/other activities: Volunteer and volunteer coordinator at LA Goal

Verse from the Bible: Matthew 7:13-14 “Enter by the narrow gate; for wide is the gate and broad is the way that leads to destruction, and there are many who go in by it. Because narrow is the gate and difficult is the way which leads to life, and there are few who find it."

NICOLE MATAR

My name is Nicole Matar, and I am seventeen years old. I am the Teen SOYO president for Saint Nicholas. I love baking, playing soccer, listening to music, and spending time with my friends and family.

I just graduated from Clark Magnet High School. I will be attending Pasadena City College for two years and then transferring to a four-year university. I am not exactly sure what I want to major in just yet, but hope that I figure it out in the next two years.



NICHOLAS SHAMMAA

Son of Michel and Caroline Shammaa

Graduating from Glendale Highschool

Will attend Santa Monica Community College

I will eventually be studying Finance

Hobbies: auto enthusiast, drawing, music and construction

“Do unto others what you would have them do to you” Matthew 7:12

NOUR SHAMMAA

-San Francisco State University,

-Vice president of the National Honors Society of Sports Medicine, academy of science of medicine, and I babysit

-Lacrosse all 4 years

-“Trust in the LORD with all thine heart; and lean not unto thine own understanding” - Proverbs 3:5”

Post-secondary

RANDY QAFAITI

Parents’ Names: John and Lamia Qafaiti

Degree: Master of Engineering in Mechanical Engineering with a focus in Aerospace

School: University of California, Berkeley

About Me: At Berkeley, I pursued a breadth of opportunities applicable to the aerospace industry. I obtained technical certification in Modeling and Simulation of Advanced Manufacturing Processes in addition to my degree. I developed and patented a fire tornado generator which outperforms traditional burning methods for oil spill cleanup used by the Bureau of Safety and Environmental Enforcement by a 50% reduction in harmful emissions. I earned 2nd place in the CITRIS Aviation Prize 2021 Competition for a $25k budget proposal of an FAA-compliant, autonomous, VTOL UAV for long-range environmental survey. Other notable projects I completed at Berkeley include machine learning optimization of human-powered quadcopter airfoil design, design of a multi-tube evaporator for thermal management of large data center servers, and structural finite element analysis of Boeing 787 Dreamliner wing skin composite. Prior to graduate school, I led research at a material

science startup where I developed and executed R&D plans on an $1mil annual budget for hydrogen energy applications of nanostructures.

Future Plans: I am actively seeking a mechanical engineering position in the aerospace, electric vehicle, or thermal management industries. In the future, I hope to have a more significant impact on technology and the environment by pursuing leadership positions such as an engineering manager role or an entrepreneurial role to start my own tech company.

MARISSA SULEIMAN KASSISIEH

I am the daughter of Sulieman and Randa Kassisieh.

Degree: Urban Studies, Bachelor of Arts; Honors Program; Focus in Environmental Planning and Global Sustainability

School: University of California, Irvine

Little bit about myself: I am an author, researcher, and advocate in the fields of urban planning, environmental policy, and public health. I was nominated by my research advisor to be specially recognized for Exceptional Achievement in Undergraduate Research from the School of Social Ecology for my publication assessing protection of coastal infrastructure, ecosystems, and communities against sea level rise and large storm events.

Future plans: I will pursue a Ph.D. Program in Urban and Environmental Planning and Policy studying the health impacts of urban planning projects and the infrastructure needed to ameliorate environmental health hazards. In addition, I hope to work for the state and federal government in the California Environmental Protection Agency, Council on Environmental Quality, and the U.S. Department of Transportation.

TOUFIC-TIMOTHY KASSISIEH

I am the son of Sulieman and Randa Kassisieh. I have written below succinctly regarding myself to share for the Church Graduation celebration. I graduated from Irvine Valley College in May of 2022.

Name: Toufic-Timothy Sulieman Kassisieh

Parents' Names: Sulieman & Randa Kassisieh

Degree: Associates in Science in Emphasis in Natural Sciences, Science in Chemistry, Arts in Emphasis in Liberal Studies, and Transfer in Biology. Currently, my major is Biological Sciences, and I am transferring to the University of California, Irvine (UCI).

Little bit about myself: I am a graduate of Irvine Valley College and transferring to UCI to major in Biological Sciences. After receiving my bachelor's in science, I plan on studying for the MCAT exam in order to enter the UCI Medical School.

My favorite Bible Verse: The Book of Revelation

Future Plans: I will pursue Medical School or another equivalent medical program that focuses on either Genetics/Genomic Development in Medicine or Family Medicine. Though my future is still not set, my main goal is to become a doctor in order to assist and consult with individuals that have ailments or disorders in order to improve their life or perhaps cure illnesses that affect those who are vulnerable. My dream is to start and open several practices to provide proper healthcare to surrounding communities and even those outside the community with warmth and dignity.

God Grant You All Many Years!

ANNOUNCEMENTS

PLEASE JOIN US FOR FELLOWSHIP AFTER LITURGY

Following the dismissal and announcements, come forward for a blessing, then exit via the south (right side) doors, and join us in the Heritage Ballroom for refreshments. Coffee hour is hosted today:

- By Richard Nassif and family, in memory of Marilyn Nassif.

Please consider sponsoring a Coffee Hour after Liturgy. Bring whatever you would like to share—donuts, cookies, mini bagels, zaatar, etc. What we eat isn't as important as sharing the fellowship of our Cathedral Family. The Ladies Society will provide the coffee and paper goods. Call/text Joujou George (562)-522-1322, or email her at ginageorge@verizon.net *by Wednesday to reserve a Sunday.*

FATHER ANDREW IS SERVING AT ST. JAMES

On account of the sudden repose of Fr. Stephanos Farahat on Friday, Fr. Andrew is serving today at St. James Church in Placentia. Pray that the Lord will comfort Fr. Stephanos' family and his grieving parish.

REMEMBERING OUR BELOVED DEPARTED: PENTECOST SOULS SATURDAY LITURGY: JUNE 11, 2022

Valhalla Memorial Park, 10 am
(10621 Victory Blvd, North Hollywood)

- Divine Liturgy and Memorial Service at Altar in St. Nicholas Gardens
- Concelebration by LA-area Antiochian Clergy
- *Kollyva* will be provided
- Bring with You a List of the Names of Your Departed (wherever they may be buried)
- Bring a folding chair

FATHER'S DAY POTLUCK

The St. Nicholas Family is invited to share in a Potluck Dinner on Sunday, June 19, to celebrate Father's Day with all our fathers, grandfathers and godfathers. The potluck will take place directly after the Divine Liturgy in the Heritage Ballroom.

Please join us and bring your favorite dish to serve 15 people. If your last name begins with

A-F: please bring a main dish

G-M: please bring a salad or side dish of any type

N-Z: please bring drinks, bread, olives, fruit or dessert.

Contact Rose Samore if you would like to help with either a food or monetary donation at 818-378-2055 or rosesamore@gmail.com

ST. NICHOLAS FESTIVAL: OCTOBER 1-2

Mark your calendars now, and plan to be with us the first weekend of October. We need everyone working together as one family for the Festival.

We are forming the team now. If you would like to be on the steering committee or to work in one of the booths, please email Ehab Dahabreh (tony@sspetro.com) or Mike Zeeb (fast-fix@sbcglobal.net), or talk with them during coffee hour today.

Antiochian Women's Update

Beloved Sisters in Christ,

CHRIST IS RISEN! TRULY HE IS RISEN!

I have a few items for you.

JUNE SOWING BEE - This month our Sowing Bee will be held on Monday, June 13th at 7pm. We are grateful to our speaker, Kh Seraphima Havens of our parish of St Xenia in Payson, UT for agreeing to share with us something very personal: "My experience of the Columbine shootings, and how it brought me to the Orthodox Faith." Khouria will share her experience that day, the unexpected difficulties in the year after, and how she found healing when she found the Orthodox Church and experienced her first Lent & baptism at Pascha.

**As always, if you are unable to watch the live presentation, it will remain archived on our Facebook page and our Diocese AW webpage.

DIOCESAN PLC -- HAVE YOU MADE YOUR PLANS??

I hope you are planning to attend & participate in our Diocese of LA & the West (DLAW) Parish Life Conference (PLC) HOSTED BY: ORTHODOX CHURCH OF THE REDEEMER (LOS ALTOS HILLS, CA) -- JUNE 29 - JULY 3, 2022 ~ SANTA CLARA MARRIOTT

Our Antiochian Women's Brunch Meeting will again be on Friday (July 1) after Divine Liturgy. This is a ticketed event & advance registration is required.

Complete information at: https://www.antiochianevents.com/la

I leave you with this: "Do not adapt your faith to your life, but your life to the faith."
- *St Seraphim Sobolev*

In HIS Service,

Charmaine Darmour
AW DLAW President

DIOCESE OF LOS ANGELES AND THE WEST PARISH LIFE CONFERENCE

JUNE 29 – JULY 3, 2022
SANTA CLARA, CA

"Unless you are converted and become like children, you will by no means enter the kingdom of heaven" Matthew 18:3

EVENT HIGHLIGHTS

SUNDAY HIERARCHICAL DIVINE LITURGY & DAILY DIVINE SERVICES

BRUNCH WITH HIS EMINENCE METROPOLITAN JOSEPH

PILGRIMAGE TO HOLY VIRGIN CATHEDRAL & VENERATION OF ST. JOHN MAXIMOVICH IN SAN FRANCISCO

KEYNOTE SPEAKER: FR KOSTA PETROGEORGE

THE ORDER OF ST. IGNATIUS RECEPTION

DINNER & DANCE WITH MIDDLE EASTERN & AMERICAN MUSIC

BIBLE BOWL WITH DESSERT SOCIAL

YOUNG ADULT ACTIVITIES

TEEN SOYO

KIDS CLUB

MARRIOTT HOTEL
SANTA CLARA, CA

PLC ROOM RATE
$159/NIGHT

IMPORTANT DEADLINES

SOUVENIR JOURNAL: MAY 1
VENDOR: MAY 31
EARLY BIRD: MAY 31
RESERVATION: JUNE 17

www.antiochianevents.com/la

FOR COMPLETE INFORMATION AND TO REGISTER, GO TO WWW.ANTIOCHIANEVENTS.COM/LA

HOSTED BY ORTHODOX CHURCH OF THE REDEEMER, LOS ALTOS HILLS, CA

CATHEDRAL PRAYER LIST

Please include in your daily prayers the following—those struggling with acute illness and those newly departed this life—from our parishioners and those for whom they have requested our prayers. (Names are kept for 40 days, the date indicated after the name, and may be renewed upon request.)

LIVING

Natalie Ann Waimrin, home, 7/4

Joseph Maalouf Sr., home, 7/3

Abdo Hanna, home, 6/30

Jason Perkins, home, 6/18

Edmond Scott Ratliff, home, 6/14

Newborn **Ava** Hourani, home, 6/13

Nora Samore, daughter-in-law of Ron and Rose Samore, 7/7

Ronald Davis Sr., Kh. Ruth Andrews' father, 6/17

Mariana Gantus Wall, former member of St. Nicholas, 6/15

Gregory Malouf, nephew of Al Malouf, 6/11

All those suffering from illness, violence and want in this country, in Ukraine and everywhere

DEPARTED

Fr. Stephanos Farahat, 7/6

Wilfred Haick, 6/30

Michel Assaf, 6/24

Marie Absi, grandmother of Maria Nahas and Rita Sawabini, 6/21

Seham Maalouf, cousin of Ed Malouf and Jacquie Badaro, 6/29

James Zographos, cousin of Kh. Elaine, 6/20

Victims of the pandemic and of violence in Texas, Ukraine and everywhere

ST. NICHOLAS CATHEDRAL CALENDAR

June 2022

Sun. 5	***Sunday of the Holy Fathers of the First Ecumenical Council*** **Spanish Mission Liturgy,** 7:45 am • **Fellowship** **Matins,** 9:15 am **Divine Liturgy,** 10:30 am • **Church School Awards** • **Coffee Hour / Church School Party**
Mon. 6	**Choir** Dinner/Practice, 6 pm at home of John L. and Suzi Sadd
Sat. 11	**Memorial Liturgy,** 10 am at Valhalla **Men's Fellowship** Retreat, 1 pm **Great Vespers,** 6 pm
Sun. 12	***Great Feast of Pentecost*** **Spanish Mission Liturgy,** 7:45 am • **Fellowship** **Matins,** 9:15 am **Divine Liturgy,** 10:30 am • **Prayers of Kneeling** • **Coffee Hour**
Fri. 17	**Funeral of Wilfred Haick,** 10 am
Sat. 18	**Great Vespers,** 6 pm
Sun. 19	**Spanish Mission Liturgy,** 7:45 am • **Fellowship** **Matins,** 9:15 am **Divine Liturgy,** 10:30 am • **Father's Day Potluck Dinner**
Mon. 20	***Apotles' Fast Begins*** **Cathedral Council,** 7 pm
Sat. 25	**Great Vespers,** 6 pm

SEE THE FULL CALENDAR and latest additions and updates at stnicholasla.org/parishcalendar