



## St. Nicholas Antiochian Orthodox Christian Cathedral

Antiochian Orthodox Christian Archdiocese of North America • Diocese of Los Angeles and the West

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**TONE 1**

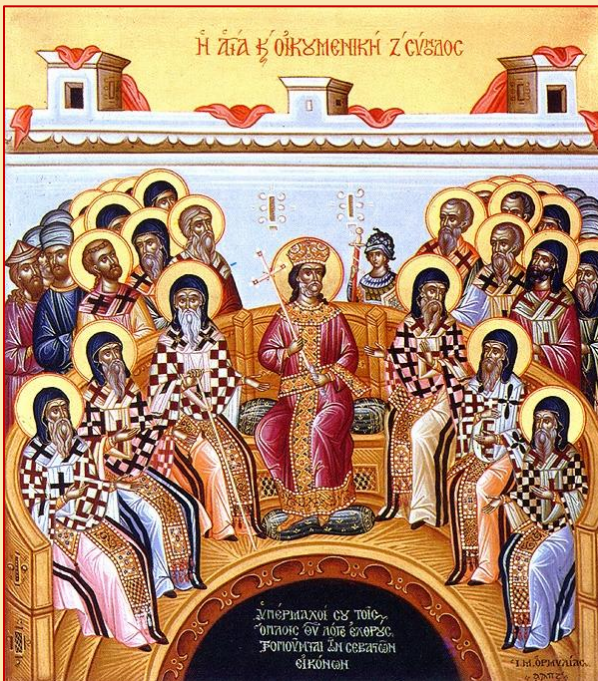
**OCTOBER 16, 2022**

**EOTHINON 7**

### SUNDAY OF THE HOLY FATHERS OF THE SEVENTH ECUMENICAL COUNCIL • 4<sup>TH</sup> SUNDAY OF LUKE

أحد آباء المجمع المسكوني السابع • والاحد الرابع من انجيل لوقا

MARTYR LONGINOS THE CENTURION WHO STOOD AT THE CROSS OF THE LORD  
GALL, ENLIGHTENER OF SWITZERLAND



The holy Fathers of the Seventh Ecumenical Council gathered in Nicaea in 787, under the chairmanship of the holy Patriarch Tarasius and during the reign of the Empress Irene, to refute the heresy of the “icon smashers.”

The heresy had received imperial support, beginning with an Edict in 726 by Emperor Leo the Isaurian. Many of the holy Fathers who condemned Iconoclasm at this Council later died as Confessors and Martyrs, during a second wave of iconoclast persecution, as they held to the ancient teaching that the Icons correctly attest to our Faith that God became man in Jesus Christ. The final victory came in 843 and is celebrated on the Sunday of Orthodoxy.

# LITURGY VARIATIONS

## 3<sup>RD</sup> ANTIPHON (TROPARION OF THE RESURRECTION, TONE 1)

While the stone was sealed by the Jews, and the soldiers were guarding Thy most pure body, Thou didst arise on the third day, O Savior, granting life to the world, for which cause the heavenly powers cried aloud unto Thee, O Giver of Life: Glory to Thy Resurrection, O Christ, glory to Thy Kingdom, glory to Thy providence, O Thou Who alone art the Lover of mankind.

إِنَّ الْحَجَرَ لَمَّا خُتِمَ مِنَ الْيَهُودِ، وَحَسَدَكَ الطَّاهِرَ حُفِظَ مِنَ  
الْجُنْدِ، قُمْتَ فِي الْيَوْمِ الثَّالِثِ أَيُّهَا الْمَحْلَسُ، مَانِحًا الْعَالَمَ  
الْحَيَاةَ. لِذَلِكَ قُوَّاتُ السَّمَاوَاتِ، هَتَفُوا إِلَيْكَ يَا وَاهِبَ الْحَيَاةِ:  
الْمَجْدُ لِقِيَامَتِكَ أَيُّهَا الْمَسِيحُ، الْمَجْدُ لِمُلْكِكَ، الْمَجْدُ لِنَدْبِيرِكَ،  
يَا مُحِبَّ الْبَشَرِ وَخَدَكَ.

### Schedule of Regular Weekly Services

Sundays: Matins, 9:15 AM  
Divine Liturgy, 10:30 AM

Saturdays: Great Vespers, 6:00 PM

Confession: After Saturday Vespers  
During Sunday Matins  
Or by Appointment



*See Calendar for Feast Days and Other Weekday Services Scheduled*

*Please turn cell phones off!*

### Order for Holy Communion

Members of the Orthodox Church age seven and above must prepare for Holy Communion with a recent confession, prayer, fasting from all food and drink from midnight (unless a medical condition preclude it), being in church *before* the Epistle and Gospel readings, and being at peace with everyone.

**CHILDREN** going to church school and their teachers should come down the center aisle first. (Small children may need to be assisted by their parents.)

**ALL OTHERS** should wait until an usher dismisses your row from the center aisle. Then return to your place by a side aisle for the prayers of thanksgiving and the final blessing and dismissal. Please let choir members pass when they come down for Communion.

### A Warm Welcome to Our Guests

We are glad you are worshipping with us. Please note that participation in **Holy Communion is limited to members of the Orthodox Church** in good standing, who have prepared with prayer, fasting and a recent confession.

For all others: though we cannot share Communion with you—since it is an expression of membership and full unity in faith—you are welcome to come forward after the dismissal, receive a blessing and partake of the blessed bread (from the large bowls). Please also sign our guest book and introduce yourself to Fr. Nabil or Fr. Andrew during coffee hour. You may inquire with them how you can become a member.

## APOLYTIKIA AFTER THE ENTRANCE

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### Troparion of the Resurrection (Tone 1)

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While the stone was sealed by the Jews....

إِنَّ الْحَجَرَ لَمَّا خُتِمَ مِنَ الْيَهُودِ....

### Troparion for the Holy Fathers (Tone 8)

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Thou, O Christ, art our God of exceeding  
praise Who didst establish our Holy Fathers  
as luminous stars upon earth, and through  
them didst guide us unto the true Faith, O  
most merciful One, glory to Thee.

أَنْتَ أَيُّهَا الْمَسِيحُ إلهُنَا الْفَائِئِثُ النَّسْبِيحُ، يَا مَنْ أَسَّسْتَ آبَاءَنَا  
الْقَدِّيسِينَ عَلَى الْأَرْضِ كَوَاكِبَ لَامِعَةٍ، وَبِهِمْ هَدَيْتَنَا جَمِيعًا إِلَى  
الْإِيمَانِ الْحَقِيقِيِّ، يَا جَزِيلَ الرَّحْمَةِ الْمَجْدُ لَكَ.

### Troparion of St. Nicholas (Tone 4)

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The verity of your actions revealed you to  
your flock, a rule of faith, an icon of mildness,  
and teacher of abstinence, O Father Bishop  
Nicholas; wherefore by humility you have  
achieved exaltation and by poverty richness.  
Intercede with Christ our God to save our  
souls.

لَقَدْ أَظْهَرْتَكَ أَعْمَالُ الْحَقِّ لِرِعِيَّتِكَ قَانُونًا لِلْإِيمَانِ، وَصُورَةً  
لِلْوَدَاعَةِ، وَمُعَلِّمًا لِلْإِنْسَانِ، أَيُّهَا الْأَبُ وَرَئِيسُ الْكَهَنَةِ  
نِيقُولَاوسَ. فَلِذَلِكَ أَحْرَزْتَ بِالتَّوَاضُّعِ الرَّفْعَةَ، وَبِالْمُسْكِنَةِ الْغِنَى.  
فَتَشَفَّعْ إِلَى الْمَسِيحِ إِلَهِهِ أَنْ يُخَلِّصَ نَفُوسَنَا.

### Kontakion of the Theotokos (Tone 2)

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O undisputed Intercessor of Christians, the  
Mediatrice unrejected by the Creator, turn not  
away from the voice of our petitions, alt-  
hough we be sinners; come to us with aid in  
time, who cry unto thee in faith, for thou art  
good. Hasten to us with intercessions, O The-  
otokos, who dost ever intercede for those  
who honor thee.

يَا شَفِيعَةَ الْمَسِيحِيِّينَ غَيْرِ الْخَازِيَةِ، الْوَسِيطَةَ لَدَى الْخَالِقِ غَيْرِ  
الْمَرْذُودَةِ، لَا تُعْرِضِي عَنْ أَصْوَاتِ طَلِبَاتِنَا نَحْنُ الْخَطَّاءُ، بَلْ  
تَدَارِكِينَا بِالْمَعُونَةِ بِمَا أَنَّكَ صَالِحَةٌ، نَحْنُ الصَّارِخِينَ إِلَيْكَ بِإِيمَانٍ:  
بَادِرِي إِلَى الشَّفَاعَةِ وَأَسْرِعِي فِي الطَّلِبَةِ، يَا وَالِدَةَ إِلَهِهِ،  
الْمَتَشَفِّعَةَ دَائِمًا بِمَكْرَمَتِكَ.

## THE SCRIPTURE LESSONS

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Prokeimenon  
(Daniel 3.26, 27 LXX; Tone 4)

بروكيمنون (دانيال ٣، ٢٦، ٢٧ سيع.; اللحن الرابع)

Blessed are You, O Lord, the God of our Fathers.

Verse: For You are just in all You have done.

مُبَارَكٌ أَنْتَ يَا رَبُّ إِلَهَ آبَائِنَا.

لَأَنَّكَ عَدْلٌ فِي كُلِّ مَا صَنَعْتَ بِنَا.

### Reading from the Epistle of St. Paul to Titus (3.8-15; Holy Fathers)

TITUS, MY SON, the saying is sure. I desire you to insist on these things, so that those who have believed in God may be careful to apply themselves to good deeds; these are excellent and profitable to men. But avoid stupid controversies, genealogies, dissensions, and quarrels over the law, for they are unprofitable and futile. As for a man who is factious, after admonishing him once or twice, have nothing more to do with him, knowing that such a person is perverted and sinful; he is self-condemned.

When I send Artemas or Tychicos to you, do your best to come to me at Nicopolis, for I have decided to spend the winter there. Do your best to speed Zenas the lawyer and Apollos on their way; see that they lack nothing. And let our people learn to apply themselves to good deeds, so as to help cases of urgent need, and not to be unfruitful. All who are with me send greetings to you. Greet those who love us in the faith. Grace be with you all. Amen.

### فَصْلٌ مِنْ رِسَالَةِ الْقَدِّيسِ بُولُسَ الرَّسُولِ إِلَى تَيْطُسَ

(١٧، ٦-١، ٧؛ لأحد الآباء)

يَا وَلَدِي تَيْطُسُ، صَادِقَةٌ هِيَ الْكَلِمَةُ وَإِيَّاهَا أُرِيدُ أَنْ تُقَرَّرَ حَتَّى يَهْتَمَّ الَّذِينَ آمَنُوا بِاللَّهِ فِي الْقِيَامِ بِالْأَعْمَالِ الْحَسَنَةِ، فَهَذِهِ هِيَ الْأَعْمَالُ الْحَسَنَةُ وَالنَّافِعَةُ. أَمَّا الْمُبَاحَاثَاتُ الْهَدْيَانِيَّةُ وَالْأَنْسَابُ وَالْخُصُومَاتُ وَالْمُبَاحَاكَاثُ التَّامُوسِيَّةُ فَاجْتَنِبْهَا، فَإِنَّهَا غَيْرُ نَافِعَةٍ وَبَاطِلَةٌ. وَرَجُلٌ الْبِدْعَةِ بَعْدَ الْإِنْذَارِ مَرَّةً وَأُخْرَى أَعْرِضْ عَنْهُ. عَالِمًا أَنَّ مَنْ هُوَ كَذَلِكَ قَدْ اعْتَسَفَ، وَهُوَ فِي الْخَطِيئَةِ يَقْضِي بِنَفْسِهِ عَلَى نَفْسِهِ.

وَمَتَى أَرْسَلْتُ إِلَيْكَ أَرْتِيمَاسَ أَوْ تِيخِيكُسَ، فَبَادِرْ أَنْ تَأْتِيَنِي إِلَى نِيكُوبُولِسَ لِأَنِّي قَدْ عَزَمْتُ أَنْ أَشْتِيَ هُنَاكَ. أَمَّا زِينَا سَ الْمُعَلِّمُ التَّامُوسِي وَأَبْلُوسُ، فَاجْتَهِدْ أَنْ تُشَبِّعَهُمَا مُتَأَهِّبَيْنِ لِقَاءَ يُعَوِّزُهُمَا شَيْءٌ. وَلْيَتَعَلَّمْ دُونَا أَنْ يَقُومُوا بِالْأَعْمَالِ الصَّالِحَةِ لِلْحَاجَاتِ الضَّرُورِيَّةِ حَتَّى لَا يَكُونُوا غَيْرَ مُثْمِرِينَ. يُسَلِّمُ عَلَيْكَ جَمِيعُ الَّذِينَ مَعِيَ، سَلِّمَ عَلَى الَّذِينَ يُحِبُّونَنَا فِي الْإِيمَانِ، النَّعْمَةُ مَعَكُمْ أَجْمَعِينَ. آمِينَ.

### Holy Gospel according to St. Luke (8.5-15; 4<sup>th</sup> Sunday of Luke)

THE LORD SPOKE THIS PARABLE: "A sower went out to sow his seed; and as he sowed, some fell along the path, and was trodden under foot, and the birds of the air devoured it. And some fell on the rock; and as it grew up, it withered away, because it had no moisture. And some fell among thorns; and the thorns grew with it and choked it. And some fell into

### مِنْ بَشَارَةِ الْقَدِّيسِ لُوقَا الْإِنْجِيلِيِّ الْبَشِيرِ وَالتَّلْمِيزِ الطَّاهِرِ

(٨، ٥-١٥؛ للأحد الرابع من لوقا)

قَالَ الرَّبُّ هَذَا الْمَثَلُ: حَزَجَ الزَّارِعُ لِيَزْرَعَ زَرْعَهُ. وَفِيمَا هُوَ يَزْرَعُ، سَقَطَ بَعْضُ عَلَى الطَّرِيقِ، فَوُطِئَ وَأَكَلَتْهُ طُيُورُ السَّمَاءِ. وَبِالْبَعْضِ سَقَطَ عَلَى الصَّخْرِ، فَلَمَّا نَبَتَ يَبَسَ لِأَنَّهُ لَمْ تَكُنْ لَهُ رُطُوبَةٌ. وَبِالْبَعْضِ سَقَطَ بَيْنَ الشُّوْكِ، فَنَبَتَ الشُّوكُ مَعَهُ فَخَنَقَهُ.

good soil and grew, and yielded a hundred-fold.”

And when his disciples asked Him what this parable meant, Jesus said, “To you it has been given to know the secrets of the kingdom of God; but for others they are in parables, so that seeing they may not see, and hearing they may not understand. Now the parable is this: The seed is the word of God. The ones along the path are those who have heard; then the devil comes and takes away the word from their hearts, that they may not believe and be saved. And the ones on the rock are those who, when they hear the word, receive it with joy; but these have no root, they believe for a while and in time of temptation fall away. As for what fell among the thorns, they are those who hear, but as they go on their way they are choked by the cares and riches and pleasures of life, and their fruit does not mature. And as for that in the good soil, they are those who, hearing the word, hold it fast in an honest and good heart, and bring forth fruit with patience.” As Jesus said this, He called out, “He who has ears to hear, let him hear.”

وَبَعْضٌ سَقَطَ فِي الْأَرْضِ الصَّالِحَةِ، فَلَمَّا نَبَتَ أَثْمَرٌ مِائَةً  
ضِعْفٍ.

فَسَأَلَهُ تَلَامِيذُهُ مَا عَسَى أَنْ يَكُونَ هَذَا الْمَثَلُ. فَقَالَ: لَكُمْ قَدْ  
أُعْطِيَ أَنْ تَعْرِفُوا أَسْرَارَ مَلَكُوتِ اللَّهِ، وَأَمَّا الْبَاقُونَ فَبِأَمْثَالٍ،  
لِكَيْ لَا يَنْظُرُوا وَهُمْ نَاضِرُونَ، وَلَا يَفْهَمُوا وَهُمْ سَامِعُونَ. وَهَذَا  
هُوَ الْمَثَلُ: الزَّرْعُ هُوَ كَلِمَةُ اللَّهِ. وَالَّذِينَ عَلَى الطَّرِيقِ هُمُ الَّذِينَ  
يَسْمَعُونَ، ثُمَّ يَأْتِي إبْلِيسُ وَيَنْزِعُ الْكَلِمَةَ مِنْ قُلُوبِهِمْ لِئَلَّا يُؤْمِنُوا  
فَيَخْلُصُوا. وَالَّذِينَ عَلَى الصَّخْرِ هُمُ الَّذِينَ يَسْمَعُونَ الْكَلِمَةَ  
وَيَقْبَلُونَهَا بِفَرَحٍ، وَلَكِنْ لَيْسَ لَهُمْ أَصْلٌ، وَإِنَّمَا يُؤْمِنُونَ إِلَى حِينٍ،  
وَفِي وَقْتِ التَّجَرُّبَةِ يَزْنِدُونَ. وَالَّذِي سَقَطَ فِي الشُّوكِ، هُمُ الَّذِينَ  
يَسْمَعُونَ ثُمَّ يَذْهَبُونَ فَيُخْتَنِقُونَ بِمُحُومِ هَذِهِ الْحَيَاةِ وَغِنَاها  
وَمَلَدَاتِها، فَلَا يَأْتُونَ بِثَمَرٍ. وَأَمَّا الَّذِي سَقَطَ فِي الْأَرْضِ الْجَيِّدَةِ،  
فَهُمُ الَّذِينَ يَسْمَعُونَ الْكَلِمَةَ فَيَحْفَظُونَهَا فِي قَلْبٍ حَيِّدٍ صَالِحٍ،  
وَيُثْمِرُونَ بِالصَّبْرِ. وَلَمَّا قَالَ هَذَا نَادَى: مَنْ لَهُ أُذُنَانِ لِلسَّمْعِ  
فَلْيَسْمَعْ.

## HOLY OBLATIONS AND PRAYER REQUESTS

- For the health of Fr. Ibrahim Ibrahim, Kh. Nancy and the members of the St. Elias Mission community of San Bernardino (visiting the Cathedral today).
- By Hanan Kort, Hanna Balisy, Husam Balisy and their families, for the repose of mother Dalal T. Balisy (1-year memorial).
- By Esper and Shirley Kanaan and their children, Alison, Kaylin, Chloe, and Andrew, in memory of their father and grandfather, Kanaan Esper Kanaan (8 Years).
- By his wife, Salma Maalouf, his children, Shirley Kanaan, Joey Maalouf and Reema Maalouf and their families, in memory of Joe Maalouf, on his birthday.
- By Arpi Kestenian and family, for the health of Hagop Kestenian.
- By George, Mariam, Mark, Antonio and Hend Bshara.

- By Ehab, Rania, Sami, Selena and Anthony Dahabreh, in memory of Rania's father, Hani Tadros, and of Ehab's mother, Nawal Hawatmeh Dahabreh.

To offer Holy Oblations and Memorials please use the form at

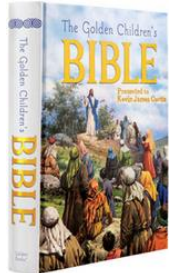
<https://stnicholasla.com/makeaprayerrequest> or call the Cathedral office by Wednesday.

## TODAY'S STUDY TOPIC: LESSON I.19 (CONTINUED) — THE DEFEAT OF AMALEK, JETHRO ADVISES MOSES, AND THE TEN COMMANDMENTS

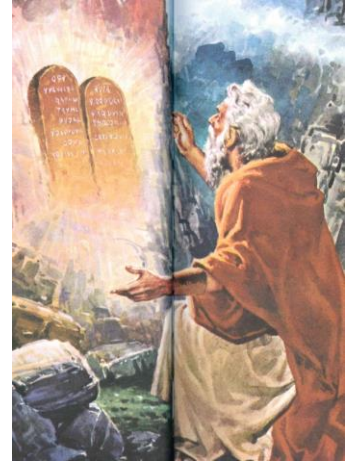
All church school classes from first grade on up will conclude study of Exodus 17-21 (pages 130-38 in *The Golden Children's Bible*) today.

We are continuing our journey through the whole Bible. All church school classes, from first grade on up, will study the same passage at an age-appropriate level.

We have classes for youth from preschool through high school. (Three-year-olds may begin preschool if potty trained.)



Our curriculum uses *The Golden Children's Bible*. In case your child doesn't already have one, we now have more copies in our bookstore.



### "Ask Abouna" Sessions: Fall Schedule

Either Fr. Nabil or Fr. Andrew leave at the beginning of announcements, at the end of Liturgy, and will go down and meet with the indicated classes.

- **Sunday, October 16:** Pre-School/Kindergarten, 1st/2nd Grade
- **Sunday, October 23:** 3rd/4th Grade, 5th/6th Grade
- **Sunday, October 30:** 7th/8th Grade, High School

## OCTOBER IS YOUTH MONTH

Throughout the Archdiocese every October, we introduce our children and teens to the many opportunities to serve in the Church, including such activities as reading the Epistle, taking the collections, chanting, singing in the Choir, helping in the Church School, etc. While we want them to be active in the services of the Church year-round, October has been set aside in particular to recognize our youth and to give them more opportunities to serve.





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# ANNOUNCEMENTS

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## **PLEASE JOIN US FOR FELLOWSHIP AFTER LITURGY**

Following the dismissal and announcements, come forward for a blessing, then exit via the south (right side) doors, and join us in the Heritage Ballroom for refreshments.



*Please consider sponsoring a Coffee Hour after Liturgy. Bring whatever you would like to share—donuts, cookies, mini bagels, zaatar, etc. What we eat isn't as important as sharing the fellowship of our Cathedral Family. The Ladies Society will provide the coffee and paper goods. Call/text Joujou George (562)-522-1322, or email her at [ginageorge@verizon.net](mailto:ginageorge@verizon.net) by Wednesday to reserve a Sunday.*

## **THE 58<sup>TH</sup> ST. NICHOLAS SWEETHEART BALL**

The St. Nicholas Ladies Society is preparing for the next Sweetheart Ball, to be held on April 29, 2023. We are very excited to invite all young ladies between the ages of 15 and 18 years of age to join our next group of Debutantes. If you, or a family member or friend is interested and would like an application, please contact Concetta Smarius (213-700-0229 or [concettasmarius@yahoo.com](mailto:concettasmarius@yahoo.com)) or Lauren Malouf (818-687-0406 or [lmalouf@hchc.edu](mailto:lmalouf@hchc.edu)).



Save These Dates of all the planned events for the 2023 Sweetheart Ball:

- Oct. 16, 3 pm      Debutante/Parent Informational meeting
- Nov. 12, 8:30 am      FOCUS Community Service and Etiquette Class
- Nov. 13, 1 pm      Debutante Presentation Tea
- Feb. 4      Debutante Fashion Show
- Feb. 26      Father-Daughter Luncheon
- Mar. 12      Debutante Coffee Hour
- Apr. 29, 6 pm      Sweetheart Ball

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## **St. Nicholas Sweetheart Ball Debutante Tea**

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All St. Nicholas Women are cordially invited to attend the Debutante Presentation Tea on November 13, 2022, following the Liturgy in the St. Nicholas Heritage Ballroom. This is the inaugural event of the 2023 Sweetheart Ball season. The members of the Sweetheart Ball Committee are happily looking forward to presenting our beautiful Debutantes to the St. Nicholas Women. Please contact Georgette Malouf at 818-391-6217 or Rose Samore at 818-378-2055 to make your reservation.



## Fall 2022 Adult Education

Wednesdays 6:30 – 8:45 pm

October 5 – December 14



- We start with Vespers & Dinner
- During the adult study courses, youth may do homework or play.



Choose a  
course:

### Early Christian Faith & Worship

Instructor: Fr. Nabil Hanna



### Life as Mystery

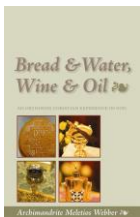
Instructor: Fr. Andrew Andrews

Using the text *Bread & Water, Wine & Oil: An Orthodox Christian Experience of God* by Archimandrite Meletios Webber

Oct. 5	<i>No class</i>	<b>Chapter 1:</b> The Mind, the Heart and Mystery
Oct. 12	<i>No class</i>	<i>No class</i>
Oct. 19	<b>Introduction:</b> How Christians saw themselves	<b>Chapter 2:</b> Orthodoxy – A Relationship with God
Oct. 26	<b>The Scriptures:</b> The Tradition of traditions	<b>Chapter 3:</b> Distraction & Prayer
Nov. 2	<b>A Sweep of History:</b> Creation, Fall and Salvation	<b>Chapter 4:</b> Askesis – Making the Sanctified Effort & <b>Chapter 5:</b> The Sanctification of Time*
Nov. 9	<b>Christology and Soteriology:</b> Who is Jesus Christ? How are we saved?	<b>Chapter 6:</b> Sacred Places for Sacred People & <b>Chapter 7:</b> Icons & the Incarnation
Nov. 16	<b>The Church:</b> The Community and Authority	<b>Chapter 8:</b> Birth & Baptism
Nov. 23	<i>No class</i>	<i>No class</i>
Nov. 30	<b>Worship (Part I):</b> Baptism, Eucharist	<b>Chapter 9:</b> The Mystery of Chrismation & <b>Chapter 10:</b> Divine Liturgy & Holy Communion
Dec. 7	<b>Worship (Part II):</b> Prayer, Feasts and Fasts	<b>Chapter 11:</b> The Mystery of Confession & Forgiveness & <b>Chapter 12:</b> The Mystery of the Anointing of the Sick
Dec. 14	<b>Spirituality and Eschatology:</b> Living in this world; the Second Coming; Holiness, saints and Mariology	<b>Chapter 13:</b> The Mystery of Marriage & <b>Chapter 14:</b> The Mystery of Ordination

\*On Nov. 2, Fr. Andrew will teach his class via Zoom only. The link will be sent out by email to class participants.





## IF YOU'RE ATTENDING FR. ANDREW'S CLASS

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If you are planning on attending the Book Study led by Fr. Andrew, please purchase your copy of the book before the next meeting.

Copies of ***Bread & Water, Wine & Oil*** are available at the Cathedral Bookstore or online.

## 2<sup>ND</sup> ANNUAL VIGIL FOR ST. RAPHAEL OF BROOKLYN

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We remember our first Antiochian Orthodox saint of America with a special vigil on the first Friday night of November. We shared a truly beautiful, joy-filled celebration last year.

Everyone is invited to join in the vigil, starting 8 PM Friday, Nov. 4. *Feel free to leave after the first part* or to stay for all of it, through Liturgy and breakfast. In preparation for Holy Communion, eat a light, early dinner before you come.

- **Starting 8 p.m. Friday, November 4**
- **Vespers • Artoklasia • Matins • Divine Liturgy**
- **Veneration of the Saint's Relics**
- **Concludes with Breakfast ~1 am**



We will be joined in this special celebration by clergy and laity from our area parishes.

It will also be a real treat to the 'ears,' as some of the best Byzantine musicians from our area come together, joining our own wonderful chanter, Patrick Haddad.



## YOUNG ADULT MASQUERADE DINNER

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Our new Young Adult Ministry will be gathering at the home of Fr. Nabil and Kh. Elaine Hanna (12756 Torch St Unit A, Baldwin Park) from **4 pm to ~7 pm on Sunday, October 30**, for some fun and food.

Please email Fr. Nabil at [fnabilh@stnicholasla.org](mailto:fnabilh@stnicholasla.org) to let him know you're coming, so he can assign you a character and provide costume suggestions. *Dressing up and arriving 'in character' really enhances the fun.* **ALL young adults are invited!**

## THE TRUTH ABOUT THE ABORTION DEBATE

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Check out this very clearly articulated talk, presented with pastoral sensitivity by Fr. Chris Salamy

<https://www.youtube.com/watch?v=ZnIDXIHxITo>





SOUTHERN + CALIFORNIA

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THE U IN FOCUS STANDS  
FOR UNDERSTANDING**

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*You've probably seen him on the sidewalk as  
you were coming to or leaving church.*

Joe lives in the St. Nicholas Cathedral neighborhood in Los Angeles. He saw the church banner advertising the food pantry. In his wheelchair, Joe visited us and selected food items that didn't require any cooking. He then enjoyed a cup of coffee and some conversation.

An 80-year-old twice decorated Vietnam veteran, Joe said that our talk with him was the first conversation he has had with anyone in a while. The only words Joe exchanges daily are words with local gang members who continuously harass and threaten him as Joe wheelchairs through his neighborhood.

In tears, Joe said he recently lost his wife Irene and has fallen on hard times. He is very lonely. And with no explanation given from the state, Joe no longer receives food stamps. As he was enjoying eating a fresh peach taken from his shopping bag, Joe said he hadn't eaten anything for three days because he didn't have any food at home. Sadly, Joe informed us he has cancer and doesn't expect to live past two months.

Everyone needs understanding and compassion. We are grateful and blessed to have Joe visit our food pantry and spend time with us.



**Volunteers Needed at St. Nicholas on  
Saturday, October 22, 2022**

**Sign up to serve at [tinyurl.com/focus-la](https://tinyurl.com/focus-la)**

**8:30AM-1:00PM**

Fellowship *of* Orthodox Christians United *to* Serve

FOCUS Southern California is a program of FOCUS North America, 501(c)(3) nonprofit organization, FEIN: 26-4427803

# SPECIAL OLYMPICS

## *Awareness Day*

AS NAC TEEN SOYO PREPARES TO SPONSOR THE 42ND ANNUAL SPECIAL OLYMPICS SPORTS CAMP, WE ASK FOR YOUR GENEROSITY AND HELP IN MAKING THIS MINISTRY POSSIBLE. APPROXIMATELY 300 ATHLETES AND COACHES PARTICIPATE IN OUR CAMP EACH YEAR. TEEN SOYO MEMBERS TRAVEL FROM ACROSS OUR ANTIOCHIOSE TO VOLUNTEER THEIR TIME, TO LIVE IN SERVICE TO OTHERS AND TO FULFILL THE CALL TO DO ALL THINGS

*"As working for the Lord, not for men." (Col. 3:23)*

Next Sunday, October 23<sup>rd</sup>, our teens will request your financial donations to enable them to sponsor the 42nd Annual Special Olympics Sports Camp, which will be held at the Antiochian Village, in August of 2023. Your donations make it possible for every athlete to attend this event free of charge and also help Teen SOYO members travel to serve as Coaches at the camp. As an expression of gratitude for your donation to this effort, teens will be handing out bookmarks with the icon of All Saints.

Thank you for considering the support of this wonderful ministry that allows our children to be a blessing to others!

Please make checks payable to your local Teen SOYO group with "SOAD 2022" in the memo.

### ***DID YOU KNOW?***

Each year, NAC Teen SOYO covers the cost of the camp, approximately \$75,000, through the generosity of our fellow parishioners. Through the years, we have hosted more than 8,500 athletes and coaches. Around 1,200 of our teens have had the unique experience of being a coach or volunteer at the camp.



**Special  
Olympics**

## CATHEDRAL PRAYER LIST

*Please include in your daily prayers the following—those struggling with acute illness and those newly departed this life—from our parishioners and those for whom they have requested our prayers. (Names are kept for 40 days, the date indicated after the name, and may be renewed upon request.)*

### LIVING

**Julian E. Capata**, hospital, 11/21

**Natalie Ann Waimrin**, home, 10/31

**Guillermo Assaf**, 10/31

**Dorothy Nicholas**, 10/27

**Jason Perkins**, home, 10/16

**Mariana Gantus Wall**, former member of the Cathedral, 11/25

**Thomas Bwarie**, friend of John L. and Suzi Sadd, 10/30

**Patricia**, sister of custodian Alejandro Cajeme, 10/23

**All those suffering from illness, violence and want in this country, in Ukraine and throughout the world**

### DEPARTED

**Met. Ilia** (Albanian USA), 11/16

**Met. Herman** (OCA), 10/16

**Fr. Basil Cosulas**, classmate of Kh. Elaine Hanna, 11/1

**Sari Yaghnam**, 11/13

**Hani Tadros**, 11/9

**Marjorie Sadd**, 11/9

**Alan Namay**, 10/31

**Carl Fred Milkie**, 10/21

**Samuel Barkett**, cousin of Kh. Ruth Andrews, 11/24

**David Atala**, Fr. Paul Romley's brother-in-law, 11/6

**Victims of violence in Ukraine everywhere**

## ST. NICHOLAS CATHEDRAL CALENDAR

### October 2022

<b>Sun. 16</b>	<b>Spanish Mission Liturgy</b> , 7:45 am <ul style="list-style-type: none"> <li><b>Fellowship and Bible Study</b> in Spanish</li> </ul> <b>Matins</b> , 9:15 am <b>Divine Liturgy</b> , 10:30 am <ul style="list-style-type: none"> <li><b>Church School</b></li> <li><b>Coffee Hour</b></li> </ul> <b>Debutante</b> Informational Meeting, 3 pm
<b>Tue. 18</b>	<b>Funeral</b> Sari Yaghnam, 11:30 am <b>Choir</b> dinner and practice, 6:30 pm
<b>Wed. 19</b>	<b>Evening Prayer</b> , 6:30 pm <ul style="list-style-type: none"> <li><b>Dinner</b></li> <li><b>Bible Study</b> classes: “<b>Faith and Worship</b>,” &amp; “<b>Life as Mystery</b>”</li> </ul>
<b>Thu. 20</b>	<b>Funeral</b> of David Atala, 1 pm at Pierce Bros. Valhalla Memorial Park chapel
<b>Sat. 22</b>	<b>FOCUS</b> Food Distribution, 8:30 am <b>Teen SOYO</b> Boat Outing, 12:30 pm <b>Great Vespers</b> and Confession, 6 pm
<b>Sun. 23</b>	<b>Spanish Mission Liturgy</b> , 7:45 am <ul style="list-style-type: none"> <li><b>Fellowship and Bible Study</b> in Spanish</li> </ul> <b>Matins</b> , 9:15 am <b>Divine Liturgy</b> , 10:30 am <ul style="list-style-type: none"> <li><b>Church School</b></li> <li><b>Coffee Hour</b></li> <li><b>Bible Bowl</b> practice</li> </ul>
<b>Mon. 24</b>	<b>Cathedral Council</b> , 7 pm
<b>Tue. 25</b>	<b>Church School</b> staff meeting, 7 pm
<b>Wed. 26</b>	<b>Evening Prayer</b> , 6:30 pm <ul style="list-style-type: none"> <li><b>Dinner</b></li> <li><b>Bible Study</b> classes: “<b>Faith and Worship</b>,” &amp; “<b>Life as Mystery</b>”</li> </ul>

SEE THE FULL CALENDAR and latest additions and updates at [stnicholasla.org/parishcalendar](https://stnicholasla.org/parishcalendar)